

30-DAY DECLUTTERING CHALLENGE

PHASE 1	DAY 1	DAY 2	DAY 3	DAY 4	DAY 5
	<i>Clean out and organize your junk drawer(s).</i>	<i>Clean out and organize your kitchen cabinets and drawers.</i>	<i>Clean out expired items and organize your fridge.</i>	<i>Organize your pantry, discard expired food items.</i>	<i>Declutter your clothing, shoes, and accessories.</i>
PHASE 2	DAY 6	DAY 7	DAY 8	DAY 9	DAY 10
	<i>Organize your bathroom essentials.</i>	<i>Declutter books, magazines, and entertainment center.</i>	<i>Sort through papers, files, and office supplies.</i>	<i>Clear out clutter near the front door.</i>	<i>Organize towels, sheets, and linens.</i>
PHASE 3	DAY 11	DAY 12	DAY 13	DAY 14	DAY 15
	<i>Declutter shoes, bags, and accessories.</i>	<i>Declutter and organize toys and children's items.</i>	<i>Tackle one area in your garage or storage space.</i>	<i>Organize files on your computer and clean up your inbox.</i>	<i>Sort through DVDs, CDs, and video games.</i>
PHASE 4	DAY 16	DAY 17	DAY 18	DAY 19	DAY 20
	<i>Clean and organize your electronic devices and cables.</i>	<i>Declutter and organize hobby materials.</i>	<i>Assess and declutter decorative items.</i>	<i>Deal with accumulated paper clutter.</i>	<i>Organize and declutter kitchen gadgets and appliances.</i>
PHASE 5	DAY 21	DAY 22	DAY 23	DAY 24	DAY 25
	<i>Sort through sentimental items, keep what truly matters.</i>	<i>Organize cleaning supplies and under-sink storage.</i>	<i>Declutter and organize outdoor furniture and tools.</i>	<i>Sort through and organize pet-related items.</i>	<i>Clean and declutter your car's interior.</i>
PHASE 6	DAY 26	DAY 27	DAY 28	DAY 29	DAY 30
	<i>Declutter expired makeup and organize toiletries.</i>	<i>Organize and declutter your jewelry collection.</i>	<i>Donate or sell books you no longer need.</i>	<i>Check and update your emergency preparedness supplies.</i>	<i>Celebrate a job well done!</i>