



California Earthquake Prep Checklist

Ready, not rattled. Knock these out once this weekend, then enjoy the peace of mind. No worry required.

IF THE GROUND SHAKES: **DROP** to hands & knees **COVER** head & neck, get under a sturdy table **HOLD ON** until it stops

Most quake injuries come from things falling, sliding, and breaking — the easy stuff to fix. Add a few kit items to each grocery run and you'll be stocked before you know it. Californians: download the free **MyShake** app for a few seconds of early warning.

1 Secure Your Space

Do it once. Falling objects are the #1 hazard.

- ☐ Anchor bookcases, dressers & shelves to wall studs
- ☐ Strap the water heater to the wall
- ☐ Move heavy & breakable items to low shelves
- ☐ Secure the TV and heavy electronics
- ☐ Add museum putty under vases & frames
- ☐ Latch kitchen cabinets
- ☐ Keep nothing heavy hanging over beds or couches
- ☐ Find your gas, water & power shutoffs; keep a wrench close
- ☐ Sturdy shoes + flashlight beside each bed

3 Make a Family Plan

A plan does the thinking when you can't reach each other.

- ☐ Pick an out-of-area contact everyone can text
- ☐ Choose 2 meeting spots (near home + outside the neighborhood)
- ☐ Make sure kids know the plan & have contacts written down
- ☐ Note school & workplace emergency procedures
- ☐ Post contacts on the fridge and in every phone
- ☐ Practice each October at the Great California ShakeOut

2 Build Your Kit

Aim for 3 days minimum — two weeks is the CA gold standard.

- ☐ Water — 1 gallon per person, per day (+ pets)
- ☐ Non-perishable food + manual can opener
- ☐ Flashlights & extra batteries
- ☐ First-aid kit & personal medications
- ☐ Hand-crank or battery radio
- ☐ Phone chargers & charged power banks
- ☐ Whistle, dust masks, work gloves
- ☐ Sanitation: wipes, garbage bags, supplies
- ☐ Cash in small bills
- ☐ Emergency blanket & warm clothes
- ☐ Copies of IDs & documents (waterproof)

4 After the Shaking

Aftershocks are normal — Drop, Cover, Hold On again.

- ☐ Check yourself & others for injuries first
- ☐ Put on shoes before walking (broken glass)
- ☐ Smell for gas — if you do, shut it off & get out
- ☐ Text instead of calling to keep lines open
- ☐ Tune into radio or MyShake for official updates

One California detail worth checking

Standard homeowners and renters insurance usually **doesn't** cover earthquake damage — that's separate coverage (often through the California Earthquake Authority). Snap photos of each room now to document your belongings, just in case.

More space, **less stress.**

Clearing clutter off high shelves and out of walkways makes your home safer *and* calmer. **Reserve a Cubix Storage unit online in minutes** — free hold, no credit card, size swaps anytime.